

# Spiritual Practices

## Serving and Gratitude

Objective: Consider the things you are passionate about. Allow those things you care about to fuel your desire to serve and give.

### CONNECT

1. How did you find beneficial in your practice of scripture reading? What were some of your reflections?
2. What is something you care deeply about?
3. What is similar about service and generosity? What is the difference between service versus generosity?

### LEARN

1. What thought do these statements about service provoke for you?
  - a. It is almost impossible to distinguish small from large acts of service
  - b. True service is free from the need to calculate results
  - c. True service is a life-style
  - d. True service builds community
2. How have you seen service make a difference in the community around you?
3. How has service to others changed you or your perspective?
4. How have others been generous to you?
5. What are some ways you enjoy being generous with resources (financial or material)?
6. What is holding you back from generosity? What steps might you take to become more generous?

### APPLY

This week:

1. Pray, meditate, and be in conversation with God.
  - a. Ask yourself: what are my passions and cares and how can they fuel my serving and generosity?
  - b. Find a close friend or family member who could help you brainstorm if you're struggling to come up with something.