

Sons & Daughters

The session we'll focus on how we view ourselves and how that impacts our relationship with God. Many people either view God through an empty religious lens (focusing on rules and behavior) or through worldly principles (focusing on performance and worth). True relationship with God comes through understanding our adoption as His children and making ourselves at home in that relationship. God wants us to relate to Him as 'Abba Father' - an intimate, personal relationship.

CONNECT

What's your favorite memory of feeling completely at home somewhere?

LEARN

1. How do you typically view your relationship with God - as a rule-keeper, performance-based, or as a child?
2. What makes it difficult for you to see God as a loving Father?
3. How has your upbringing influenced the way you view God?
4. What does it mean to you personally to be called a child of God?
5. In what ways do you find yourself trying to earn God's love rather than receiving it?
6. How might your life look different if you truly embraced your identity as God's child?
7. What prevents you from feeling 'at home' in your relationship with God?
8. How can viewing God as your Father change the way you approach challenges in your life?

APPLY

This week, whenever you feel pressure to perform or measure up, pause and remind yourself that you are God's child. Practice approaching God as a loving Father rather than a distant authority figure. Try spending time in prayer simply being present with Him as His child, without agenda or performance.

PRAY

Dear Father,

Thank You for adopting us as Your children. Help us to truly embrace our identity as Your sons and daughters, letting go of the need to earn Your love or prove our worth. Give us the courage to make ourselves at home in our relationship with You and to experience the freedom that comes with being Your beloved children.

In Jesus' name, Amen.